

**REPRODUCTIVE HEALTH CHALLENGES CONFRONTED BY NEWLY
MARRIED WOMEN: A SOCIOLOGICAL STUDY BASED ON THE
NINTAVUR MOH DIVISION**

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Reproductive health is important for people to have a responsible, satisfying and safe sex life and to have the capability to reproduce and to have flexibility and freedom within the decision making process (WHO). Further, reproductive health provides the right of men and women to be informed of and to have access to safe, effective, affordable and acceptable methods of fertility regulation of their choice, and the right of access to appropriate health care services that will enable women to go safely through pregnancy and childbirth and provide couples with the best chance of having a healthy infant. Up to three-fifths of adolescent women aged 15–19 in South Asia and Sub-Saharan Africa are married. Marriage commonly marks the point in a woman's life when childbearing becomes socially acceptable. In some cultures, women face extreme pressure to demonstrate their fertility soon after marriage. This study explores the types of reproductive health challenges confronted by newly married women in the study area. The main objective of this research is to identify reproductive health challenges of newly married women. The primary and secondary data have been collected for this study. Interviews and focus group discussions were employed to collect primary data. 50 newly married women (from January 2018 to December 2018) were selected using the purposive sampling method. As secondary data, books, magazines, essays, statistical reports, and electronic sources were used. This study found that initially the newly married women were reluctant to reveal their RH problems. Newly married females list a number of problems that are important for women to be aware of before marriage, such as sexual intercourse; sexual relationships; hygiene; dealing with bleeding; developing mutual understanding and consideration; dealing with sexual embarrassment and nervousness between partners; procedures and benefits of premarital examinations, and family planning.

Keywords: Reproductive Health, Marriage, Sex Life