

**$\alpha$ - AMYLASE, ANTIOXIDANT, CYTOTOXICITY, LIPASE, AND  
PHYTOTOXICITY STUDIES OF *ALPINIA CALCARATA* AND *GLORIOSA  
SUPERBA* LEAVES EXTRACTS**

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Many natural sources, such as plants, fungi, bacteria, and algae, have been proven to possess pharmaceutical values with fewer adverse effects. Both medicinal and non-medicinal plants have been proven to contain pharmaceutical properties with low toxicity and high efficiency. This study was conducted to determine the bioactivities of the leaves of *Alpinia calcarata* (Zingiberaceae) and *Gloriosa superba* (Colchicaceae) (GS). The plants were collected from home gardens of Kandy district, central province, Sri Lanka. Plant samples were washed, air-dried, and ground into a fine powder. Extracts were obtained using dichloromethane (CH<sub>2</sub>Cl<sub>2</sub>) and methanol (MeOH) by sonication.  $\alpha$ - amylase inhibitory activity, cytotoxicity against brine shrimp, and 2,2-Diphenyl-1-picrylhydrazyl (DPPH) radical scavenging antioxidant activity, lipase inhibitory activity, phytotoxicity against germination of lettuce seeds were assessed for dilution series of each crude extract ranging from 1000 mg L<sup>-1</sup> to 31.25 mg L<sup>-1</sup>. CH<sub>2</sub>Cl<sub>2</sub> extract of *G. superba* (GSC) showed considerable lipase inhibition (IC<sub>50</sub>= 782± 6.31 mg L<sup>-1</sup>). MeOH extract of *A. calcarata* (ACM) showed the highest antioxidant activity (IC<sub>50</sub>= 0.14 ± 0.24 mg L<sup>-1</sup>). CH<sub>2</sub>Cl<sub>2</sub> extract of *A. calcarata* (ACC), MeOH extract of *G. superba* (GSM), and GSC also showed strong antioxidant activities (IC<sub>50</sub>= 158.73 ± 12.41 mg l<sup>-1</sup>, 25.03 ± 2.68 mg L<sup>-1</sup>, 192.24 mg L<sup>-1</sup> respectively). GSC and GSM both showed the highest lethality against brine shrimp (IC<sub>50</sub>= 41.45 mg L<sup>-1</sup> and 122 mg L<sup>-1</sup> respectively). ACC and ACM also showed a moderate lethality against brine shrimp (IC<sub>50</sub>= 300.54 mg L<sup>-1</sup> and 428.95 mg L<sup>-1</sup> respectively). GSC extract showed the highest phytotoxicity ability (Root – IC<sub>50</sub>= 203.84 mg L<sup>-1</sup>, Shoot- IC<sub>50</sub>=97.58 mg L<sup>-1</sup>) and GSM extract also showed a considerable phytotoxicity ability (Root– IC<sub>50</sub>=338.12 mg L<sup>-1</sup>, Shoot-IC<sub>50</sub>= 217.93 mg L<sup>-1</sup>). The results suggest that leaves of *A. calcarata* and *G. superba* can be used as promising sources to isolate therapeutic compounds.

**Keywords:**  $\alpha$ - amylase, Antioxidant, Cytotoxicity, Lipase, Phytotoxicity.