

## **A Case Study Based on the Clients of the National Dangerous Drugs Control Board in Kandy Methsevena Rehabilitation Centre**

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The main objective of the study is to examine the basic life information of clients who addicted to drugs, the nature of drugs and to suggest remedial methods. The case study method was adopted in this study. Using random sampling method ten clients who represent different provinces, and undergo drug addiction treatment of a selected rehabilitation center in Kandy district, which operates under the national dangerous drugs control board of Sri Lanka were selected. The data were collected using observation, documents and discussions. The ecological system theory of Bronfenbrenner was used as the theoretical basis of this study as this theory was intended to be applied when there is not a single mechanism for clients to become addicted to drug use, but multiple cause factors. Therefore, five systems were analyzed under this theory including, micro system, Microsystems, Eco system macro system and Chrono system. The finding of the study are the family factors environmental factors, biological factors, economic factors, level of education legal factors, personality factors poor self-concepts and peer group impacted on drug addiction. On the other hand, there is a relationship between drug use and sexually transmitted, disease and sexual crimes, drugs and the underworld activities, drugs use and mental problems, domestic violence and drug use, drug use and criminal behavior and weak enforcement of the law has led to drug abuse and the decrease in the social role played by the religious organizations have become a factor in turning children to drug use. It could be suggested that Cognitive Behavior Therapy, Family counseling school counseling and Rational Emotive Behavior Therapy can be used to prevent drug addiction. Development of creating positive outlook on life helping to build self-esteem, developing self-concept to find out the abilities and talents of the clients and refer them to the proper vocational training courses can be recommended.

**Keywords:** Drug, Rehabilitation, Therapy, Addiction.